

The Oneness Prayer



A Prayer for the Healing of My Relationship with:

Name

Date

There is only One Life! This Life is Good! This Life is God! This Life is my Life now!

In knowing that I am “one” with the Life that is God ...I, therefore, know that I am “one” with each and every expression of that divine and sacred Life, which includes beloved _____.

Because I know that the One Life of God cannot be against Itself ...I, therefore know that I cannot be against _____, nor can _____ be against me.

Together, in the perfect Wholeness of the One Life that is God, _____ and I can only be for a fuller and greater expression of our own true nature, which is Love. ...And out of the self-giving nature of that Love, there can only be Harmonious Interaction, perfect Peace and Freedom for us both.

I give thanks for the presence of _____ in my life. For by this presence I have been shown a part of myself that I have yet to Love, a part of myself which I now invite into the Wholeness of my Being, which is Christ.

And it is in this Awareness of Oneness that I give thanks to the Glory of God for the healing power and presence of Love in my life.

I am Grateful God is Gracious.

Amen 🍀

Instructions: Insert the name of the person you are seeking a healing with in each of the blanks above. Read the prayer aloud at least once a day until some positive change in the relationship has taken place.