

The Spirit of Freedom

The following affirmative script is a rendering of an essay by Judge Thomas Troward entitled 'The Spirit of Opulence.' It has been rewritten in 'first person' so that it can be read as an affirmation of Truth. Additionally, many of the passages have been edited to make them easier to recite without altering their original content.

In order to fully embody the Principles of Truth contained in this document, it is recommended that you read it aloud to yourself once a day for thirty days. There is a 'repetition log' at the end where you can daily 'check off' the completion of each of your readings.

It would be quite a mistake to suppose that I must restrict or stint myself in order to develop greater power or usefulness. This would be to form a conception of the Divine Power as so limited that the best use I can make of It is a policy of self-starvation, whether material or mental. Of course, if I believe that some form of impoverishment is necessary to my producing good works, then so long as I entertain this belief the fact is actually so for me.

Furthermore, by attempting to act contrary to what I really believe, I will create a suggestion of opposition to the Divine Spirit, which will further paralyze my efforts, and surround me with a murky atmosphere of distrust and a distinct lack of joy.

But all this exists in, and is produced by, my belief; and as I have examined the grounds of this belief, I have found that it rests upon an entire misapprehension of the true nature of my own power. Because I now clearly realize that the creative power in me is *unlimited*, I therefore know that there is no reason for limiting the extent to which I may enjoy what I can create by means of this power. When I am drawing from the *infinite*, I am not afraid of taking more than my share. This is not where the danger lies. The danger is in not sufficiently realizing my own richness, and in looking upon the externalized *products* of my creative power as being the

true riches instead of the creative power of Spirit Itself. Because I now avoid this old error, there is no need to limit myself in taking what I will from the infinite storehouse: "*All things are mine.*" And the way I avoid this error is by realizing that my true wealth comes from my identification with the *Spirit of Freedom*, for I am *free* in my thinking. Furthermore, I do not just think about *money* as such, for that is only one means of experiencing greater freedom. However, as I think *freely*, with great generosity and imagination, I find that the means of realizing my divine inspirations flow to me from all quarters, in the form of money, goods, services, ideas, opportunities, assistance and a hundred other things that cannot be measured in dollars and cents.

I do not make myself dependent on any particular *form* of wealth, or insist on its coming to me through some particular channel. To do so is to impose a limitation upon myself and shut out other forms of wealth and close other channels of reception. Instead, I enter into the *Spirit* of it. Now the *Spirit* is *Life*, and throughout the universe, *Life* ultimately expresses Itself through the activity of *circulation*, whether within my physical body or on the scale of the entire universe. *Circulation* is the free flow of *Life* in self-repeating and ever increasing circular patterns, and the *Spirit of Freedom* is no exception to this universal *Law*.

As the '*Principle of Circulation*' becomes increasingly clear to me, I direct my attention to *giving* rather than *receiving*. I look upon myself, not as a misers' chest to be kept locked up for my own benefit, but as a center of distribution to others. And the better I fulfill my function as such a center, the greater the corresponding inflow of

Life will be. I know that if I choke myself as an outlet, the current will slacken. Therefore, I maintain a full and free flow of *Life* by keeping myself open as a center of creative expression. The *Spirit of Freedom*, which is a *free* mode of thinking, consists in cultivating the feeling that I possess all sorts of riches which I can *bestow* upon *others*. Furthermore, I can bestow them *generously*, simply because this very action will open the way for even greater riches to flow in.

I am no longer tempted to say to myself, "*I don't have enough money,*" or "*I don't have anything to give.*" Instead, I always start from the point where I am; and if my wealth at the present moment is not abundant on the material plane, I don't necessarily start on that plane. There are many other kinds of wealth that I can give from the spiritual and mental planes. So, I start from this point and practice expressing the *Spirit of Freedom*, even though my balance at the bank might be nil. And this is when the universal '*Law of Attraction*' begins to assert Itself. I not only experience a creative impulse on the spiritual and mental planes, but that same impulse extends Itself through me into the material plane as well.

Because I have realized the true nature of the *Spirit of Freedom*, I cannot help drawing to myself material wealth, as well as those higher forms of riches which cannot be measured by a money standard. And because I truly understand the *Spirit of Freedom*, I neither despise material wealth, nor do I attribute to it a value that does not belong to it. Instead, I *coordinate* it with my other more interior forms of wealth so as to make it the material instrument which smoothes the way for the perfect expression of my divinely inspired ideas. Used in

this way, with the understanding of the relationship which material wealth bears to spiritual and mental wealth, it becomes one with them, and is no more to be shunned and feared than it is to be sought for its own sake.

It is not money, but the *love* of money, that is the root of all evil; and the *Spirit of Freedom* is precisely the attitude of mind which is furthest removed from the love of money for its own sake. It does not believe in money. What it does believe in is the generous feeling which is the intuitive recognition of the great '*Law of Circulation.*' In any undertaking, this Law does not make its first question, "*How much am I going to get by it?*" Instead, it asks "*How much am I going to do by it?*" And by making this my first question, my *getting* will flow in to me with a generous profusion, and with a spontaneity and rightness of direction that are absent when my first thought is of receiving only.

I am not called upon to give what I have not yet received and go into debt. Instead, I am called to give liberally of what I do have. I act with the knowledge that in doing so, I am setting the '*Law of Circulation*' to work, which brings me greater and greater inflows of every kind of good. Therefore, my self-expression increases, not by depriving myself of any personal expansion that I may desire, but by realizing that every expansion in my own life makes me a more powerful instrument for expanding the lives of others. "*Live and let live*" is the motto of true Freedom.

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